

## Tentative Preseason Schedule

### FAQ

#### ***Is this schedule locked in stone?***

- No. This schedule is subject to change as I still don't have Field Hockey home scrimmage dates/times and I don't have any information on obligations students have for school during the preseason. That said, this does give you a good idea of how the preseason will be scheduled.

#### ***Two practices a day? What do players do who have a long way to travel?***

- We haven't done double sessions for a number of years now, but one of the "best parts" for players is that it allows them to hang out with local players between sessions which pays huge dividends in terms of team culture. For new players, who haven't attended any summer training and/or don't have a strong connection yet, the coaches and captains will make sure you are invited and welcomed as part of a group hanging out together.
- The second part of that answer is, coming from someone whose son went to Cheverus, the day your daughter can drive herself to Cheverus will be one of the happiest days of your life!

#### ***Are players required to attend all sessions in order to play girls soccer at Cheverus?***

- The simple answer is a resounding, "not exactly."
- For players, who are simply doing soccer to meet new friends, see it as an "activity" and/or aren't necessarily interested in playing Varsity, we encourage you to attend everything but, ultimately, the schedule is more flexible. There is an expectation that you notify the coaches of when you will not be attending.
- Also, each year we have a number of players who join soccer once school gets underway. Those players are definitely welcome to join the JV team. At some point in the season such players may earn their way onto Varsity but typically they remain on JV.
- For prospective Varsity players, the expectation is that you're at all the sessions. Part of this is because of MPA regulations that require a player to have five days of training before scrimmaging and since there are five days before our first scrimmages in Bangor, well, players need to attend if they are going to be able to scrimmage. The other part of this is that the girls soccer team is known for being an extremely tight knit group; this doesn't happen overnight and it definitely doesn't happen when players don't feel as if everyone is there for one another. Finally, while expectations during the summer are relaxed, soccer is expected to take top priority as an extracurricular in the Fall.

#### ***But my daughter is an incoming freshman and we had these family plans and she loves soccer but now she doesn't have a chance to play Varsity? OR We didn't think our new player or returning player would make Varsity and so we made plans for those days so my daughter can't play Varsity?***

- Again, "not exactly."
- I grew up in an era where it was very "black and white" when it came to expectations about attendance and team placement, but I coach in an era where just about everything exists in shades of gray and you have to coach players as individuals to a certain extent and not with a "one-size-fits-all" approach. My best advice in the above case is to reach out to me as soon as possible about the conflict. I cannot promise you'll hear what you want to hear (you might; I simply can't promise that), but I will communicate the options very clearly to you and your daughter so that you can make an informed decision. Again, we don't cut anyone but we also don't promise anyone that they will play Varsity at some point in their time at Cheverus.
- *Please note, this is my eleventh season coaching Cheverus Girls Varsity Soccer. We've had at least one freshman starter on Varsity each year and multiple freshmen players on Varsity each year. Also note, the jump in commitment and maturity by the younger players this summer has been REMARKABLE. If I had to guess, I suspect that the "freshman trend" will continue and that some JV players from last year will have a role with the Varsity team.*

At the Fall Sports Night, I will share more information on expectations during the season and what JV and V "look like" during the season. In the meantime, please reach out if you have questions! Tentative schedule is on the next three pages.

Monday, August 14	<p><b>AM</b> Shea: GS (7:00-7:45 track; 7:45-8 ½ Shea; 8-8:30 full)</p> <p><b>PM</b> Shea: GS (2-3:30)</p> <p><b>Fall Sports Meeting for Parents &amp; Players (Time TBD)</b></p>
Tuesday, August 15	<p><b>AM</b> WA: GS (7:00-8:30)</p> <p><b>PM</b> Shea: GS (2:30-4)</p>
Wednesday, August 16	<p><b>AM</b> WA: GS (7:00-8:30)</p> <p><b>PM</b> Shea: GS (2:30-4:30)</p> <p><b>We make initial team placements during/after this practice. No one gets “cut.”</b></p>
Thursday, August 17	<p><b>AM</b> WA: GS (7:00-8:30)</p> <p><b>PM</b> WA: JVGS (2:30-4) Shea: “VGS” (2:30-4)</p> <p><b>“VGS” simply means that we still need to evaluate some players under “Varsity conditions” to determine best placement.</b></p>
Friday, August 18	<p><b>AM</b> WA: GS (7:00-8:30)</p> <p><b>PM</b> WA: JVGS (4-5:30) Shea: “VGS” (4-5:30)</p> <p><b>Typically, we have some form of team dinner for both teams under the tent after practice (TBD).</b></p>
Saturday, August 19	<p>“VGS” @ Bangor/Hampden (4:30 pm - 7:00 pm; Bus Departure TBD)</p> <p><b>No JVGS training scheduled</b></p>
Sunday, August 20	Off

Monday, August 21	<p><b><u>PM</u></b>  Shea: “VGS” (4-6; ½ 5:30)  WA: JVGS (4-5:30)</p> <p><i>We make final team placements here for players “on the bubble” (full V, or practice V/play JV, or full JV).</i></p>
Tuesday, August 22	<p><b><u>PM</u></b>  Shea: GS (5-7; VGS and JVGS will practice at the same time at Shea)</p>
Wednesday, August 23	<p><b><u>PM</u></b>  Shea: VGS (4-5:30)  WA: JVGS (4-5:30)</p>
Thursday, August 24	<p>GS @ Brunswick (JV-4:15 &amp; V-6:00; Bus Departure TBD)</p>
Friday, August 25	<p><b><u>PM</u></b>  Shea: VGS (2-3:30)  WA: JVGS (2-3:30)</p>
Saturday, August 26	<p>Boulos: VGS v Camden Hills &amp; LaSalle Academy (8-11)</p> <p><i>Some JV players may be called up for these mini-games if available but otherwise no JVGS training scheduled.</i></p>
Sunday, August 27	<p>Off</p>

Monday, August 28	<b><u>PM</u></b> Shea: VGS (6-7:30; ½ 6) WA: JVGS (6-7:30)
Tuesday, August 29	<b><u>PM</u></b> Shea: VGS (4:30-6) WA: JVGS (4:30-6)
Wednesday, August 30	<b><u>PM</u></b> WA: JVGS (3-4:30; ½ 4) WA: VGS (4-5:30; ½ 4)
Thursday, August 31	Shea & Boulos: GS v. Windham (4:00)
Friday, September 1	Shea: GS (8-9:30; VGS and JVGS will practice at the same time at Shea)
Saturday, September 2	GS Team Bonding Off-Site (TBD)
Sunday, September 3	Off
Monday, September 4	Shea: VGS (TBD)  <b><i>No JVGS training scheduled</i></b>

<p>28  <u><b>AM</b></u>  <u><b>PM</b></u>  Shea: VGS (6-7:30; ½ 6)  WA: JVGS (6-7:30)  <u><b>GAMES</b></u></p>	<p>29  <u><b>AM</b></u>  <u><b>PM</b></u>  Shea: VGS (4:30-6)  WA: JVGS (4:30-6)  <u><b>GAMES</b></u></p>	<p>30  <u><b>AM</b></u>  <u><b>PM</b></u>  WA: JVGS (3-4:30; ½ 4)  WA: VGS (4-5:30; ½ 4)  <u><b>GAMES</b></u></p>	<p>31  <u><b>AM</b></u>  <u><b>PM</b></u>  <u><b>GAMES</b></u>  Shea &amp; Boulos: GS v.  Windham (3-6)</p>	<p>1  <u><b>AM</b></u>  Shea: GS (8-9:30)</p>	<p>2  <u><b>AM</b></u>  GS Team Bonding Off-Site</p>
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